



# 5K Glow Run

## Age 13+ Registration Form

Saturday, September 29th, 2018

McLeod for Tomorrow

Location:

**Masonic/West River Park**  
 Les Kouba Drive  
 Hutchinson, MN 55350

Start Times:

5:30 pm – 6:30pm Onsite Registration  
 7:00 pm 5K Run  
 8:15 pm Best Glowed Up and Top  
 Runner Awards distributed  
 Smore’s After-party

Course:

After registration, runners will move to the starting location at Riverside Jaycee Park, just beyond the connecting causeway. The route will direct runners around the park loop one full time, and then continue around once more to the finish line at Masonic/West River Park, near the check-in location. This route will allow runners to avoid traffic and remove the obstacle of two-way congestion. No pets please.

Entry Fee:

- T-Shirts are provided to **pre-registered participants only**
- Kids 12 and under are welcomed to run for free with a paid participant, **no T-Shirt Included**

	Early Bird Registration (Shirt Included) Rec'd by 08/10/2018	Standard Registration (Shirt Included) Rec'd by 08/31/2018	Late Registration (No Shirt) Rec'd by 09/21/2018	Race Day Registration (No Shirt)
<b>Short Sleeve</b>	\$25	\$30	\$35	\$35

How to Register

Complete a registration form and mail with payment to:

MFT 5k Glow Run  
 1368 Heritage Ave NW  
 Hutchinson, MN 55350

**Make checks payable to  
 McLeod for Tomorrow**

For more information contact:

Terri at 612-501-9005 or [terri Lynn84@gmail.com](mailto:terri Lynn84@gmail.com)

## Registration Form

_____	_____	_____	_____
First Name	Last Name	Age	Gender
_____		_____	
Street Address		E-mail	
_____	_____	_____	_____
City	State	Zip	Telephone

Shirt Size (**MAILED BY 8/31/18**):

Circle one: **3XL** **2XL** **XL** **L** **M** **S**

### WAIVER.

Knowing that running a race is a potentially hazardous activity, I enter and run this race certifying that I am medically able and properly trained. I also know that, although police protection will be provided, there may be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, and the condition of the roads. . Please even though we love pets, pets are not allowed at the race or in the race.

Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge any organization associated with the race, race officials, volunteers, any and all sponsors (including the Minnesota Distance Running Association), their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of, my participation in this event. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to the race and any organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I understand that entry fees are non-refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

Guardian's Signature (if under 18):

Date:

\_\_\_\_\_

\_\_\_\_\_

*For more information, visit our Facebook page: MFT 5K Glow Run – Hutchinson, MN.*